

# COMPETITION REGULATIONS



ČESKÁ ASOCIACE CHEERLEADERS, Z.S.

## PART B: COMPETITION RULES AND PROCEDURES

### 1 DEFINITION OF TERMS

**Competition Participant:** A person registered on the competition registration form, authorized to access the backstage and competition areas. All Competition Participants must be listed by name on the competition registration, including their affiliation with the relevant Competition Groups. A Competition Participant may simultaneously hold multiple roles within a single Competition. Each Competition Group may register a specified number of individuals assigned to a particular role.

- **Competitor:** A registered athlete representing a given Club, direct participant in the competition routine (authorized access to the competition floor during the performance of their assigned Competition Group).
- **Substitute:** A registered athlete representing a given Club, may replace a Competitor if needed (authorized access to a designated area beside the competition floor during the performance of their assigned Competition Group).
- **Coach:** A registered coach representing a given Club, responsible for the preparation and safety of the Competition Group (authorized access to a designated area in front of the competition floor during the performance of their assigned Competition Group).
- **Entourage:** A person accompanying a Competition Group during a Competition; does not need to be a registered Club member (authorized access to a designated area beside the competition floor during the performance of their assigned Competition Group).
- **Mascot:** A person dressed as the Club's mascot; does not need to be a registered Club member (authorized access to the area around the competition floor during the performance of their assigned Competition Group). Only one Mascot may be present for each performance.
- **External Spotter:** A safety assistant for building skills in Cheerleading; does not need to be a registered Club member (authorized access to the competition floor during the performance of their assigned Competition Group). The External Spotter must match the Competition Group in age, body proportions and physical fitness (e.g. a Coach). The External Spotter must adhere to the General safety rules for Cheerleading routines according to the current international regulations. The External Spotter is not a part of the Competition Group or any choreography and their presence does not affect the legality assessment of skills competed (except in the Partner Stunt category, where their presence is mandatory as a standard spotter

for skills where a spotter is required at the given level - physical contact with the spotted stunt however is only allowed during dismounts). The External Spotter must be clearly distinguishable from Competitors by wearing different clothing. The External Spotter does not stabilize the spotted skill, only prevents potential injuries during the routine and saves the top in case of a fall (i.e., stands at a distance that allows timely intervention / catch, ideally at arm's length). If the External Spotter fails to meet any of these requirements, the given Competition Group may be penalized.

*Unless otherwise stated in the Competition Card, the maximum number of Competition Participants allowed for each competition category is specified in the Technical Regulations - Number of Athletes, which form an annex to these regulations (Annex F).*

### **1.2. Other Persons at the Competition:**

- **Club Liaison:** An adult individual registered with ČACH representing a given Club, responsible for all communication between the Competition Organizer and the Club (from the moment of registration, during the Competition, until after its conclusion).
- **Delegate:** A non-competing individual, invited to the Competition by a Club, with free entry and access to the VIP area (e.g. Club executive, municipal representative, partner, sponsor), who is registered according to the Competition Organizer's instructions.
- **Competition Official:** A person physically present at the Competition, responsible for supervising and ensuring the proper conduct of the Competition, including adherence to applicable instructions, rules and regulations and handling any disputes or issues (specifically, ČACH representatives for the given Competition, representatives of the Competition Organizer and Judges).

### **1.3. Other Terms related to the Competition:**

- **Competition Group:** One or more registered individuals performing together simultaneously in a single competition routine.
- **Club:** A parent organization sending one or more Competition Groups to a specific Competition.
- **Guest:** A Czech or foreign Club sending one or more Competition Groups to a Competition without valid ČACH membership, whose participation has been approved by the ČACH Presidium.
- **Competition Organizer:** An entity responsible for a specific Competition (depending on the type of event, either the ČACH Presidium or the organizing member Club).

## PART D: CONSEQUENCES OF VIOLATING COMPETITION REGULATIONS

### 1 DAMAGE TO PROPERTY

Competition Participants are obliged to comply with the requirements of the Competition Organizer for the protection of its property. In the event of a breach of this rule, the Competition Organizer has the right to exclude the Participant concerned from the Competition and to claim compensation for the damage caused.

### 2 VIOLATION OF THE ČACH CR

Any Competition Participant, Club, Guest or Competition Organizer has the right to file a complaint regarding a violation of the ČACH CR, including all its annexes, no later than 7 calendar days from the date the Competition has concluded. All ČACH bodies also have the right to file a complaint. Complaints shall be submitted electronically to the ČACH Presidium (by email to [cach@cach.cz](mailto:cach@cach.cz)).

#### 2.1. Automatic Disqualification

A Competition Group that falsifies a Competition Participant's information on the roster or registration cards shall be disqualified and shall automatically forfeit any entitlement to placements, awards, and/or nominations.

The disqualification shall be pronounced by the ČACH Presidium at its next meeting.

#### 2.2. Subsequent Disqualification

A subsequent disqualification may be imposed on a Club or Competition Group for:

- unsportsmanlike conduct, vulgarity or violence toward an opponent or judging panel,
- bribery or influencing the judges,
- doping,
- failure to comply with the conditions or procedures set out in the ČACH CR, including all annexes.

A subsequent disqualification shall be decided by the ČACH Presidium at its next meeting.

A subsequently disqualified Club or Competition Group shall automatically forfeit any entitlement to placements, awards, and/or nominations.

## PART E: FINAL PROVISIONS, SCHEDULE OF ANNEXES

All disputed matters shall be decided by the ČACH Presidium.

Any questions regarding the interpretation of the ČACH CR may be submitted in written form by email to [pravidla@cach.cz](mailto:pravidla@cach.cz).

These Competition regulations shall enter into force upon approval by the General Assembly.

The annexes to the Competition Regulations shall enter into force upon approval by the ČACH Presidium.

In Prague, on 23 November 2025

*Martina Malcová*

Česká asociace Cheerleaders z.s.  
Zátopkova 100/2, 160 17 Praha 6  
FIO Banka 2500357400/2010  
IČ: 26546612      ②  
www.cach.cz



## SCHEDULE OF ANNEXES TO THE ČACH CR

ANNEX A – SPORTS CALENDAR (*CZ version only*)

ANNEX B – COMPETITION STRUCTURE DIAGRAM (*CZ version only*)

ANNEX C – TECHNICAL REGULATIONS – AGE GROUPS

ANNEX D – TECHNICAL REGULATIONS – COMPETITION AREA SPECIFICATIONS

ANNEX E – TECHNICAL REGULATIONS – TIME LIMITS

ANNEX F – TECHNICAL REGULATIONS – NUMBER OF ATHLETES PER TEAM

ANNEX G – TECHNICAL REGULATIONS – SAFETY RULES

ANNEX H – SCORE SHEETS

ANNEX I – DIRECTIVE FOR VIRTUAL COMPETITIONS

ANNEX J – CNCL TOP REGULATIONS (*CZ version only*)

ANNEX K – CNCL PREP REGULATIONS (*CZ version only*)

ANNEX L – DIRECTIVE ON THE QUALIFICATION AND PARTICIPATION SYSTEM FOR FINAL COMPETITIONS (*CZ version only*)

ANNEX M – DIRECTIVE ON THE QUALIFICATIONS FOR THE INTERNATIONAL COMPETITIONS BY ICU (*CZ version only*)

ANNEX N – DIRECTIVE ON THE COACH LICENSING SYSTEM (COACH UNIVERSITY) (*CZ version only*)

ANNEX O – DIRECTIVE ON GRANTING ČACH AUSPICES (*CZ version only*)

ANNEX P – DIRECTIVE ON CONDITIONS FOR ORGANIZING QUALIFYING COMPETITIONS (*CZ version only*)

ANNEX Q – COMPETITION FEES